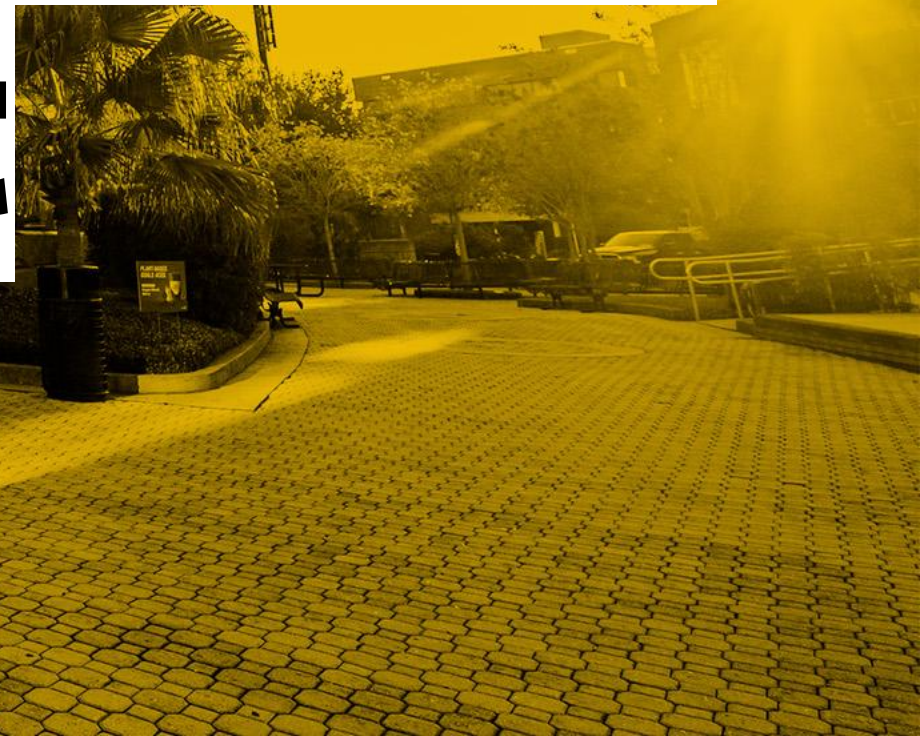
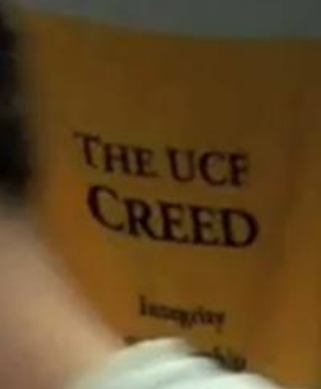




**New Student and
Family Programs**

Supporting Your New Knight





FIRST DAY OF SCHOOL



FIRST DAY OF COLLEGE



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THE BUFFALO NEWS



New Student and
Family Programs

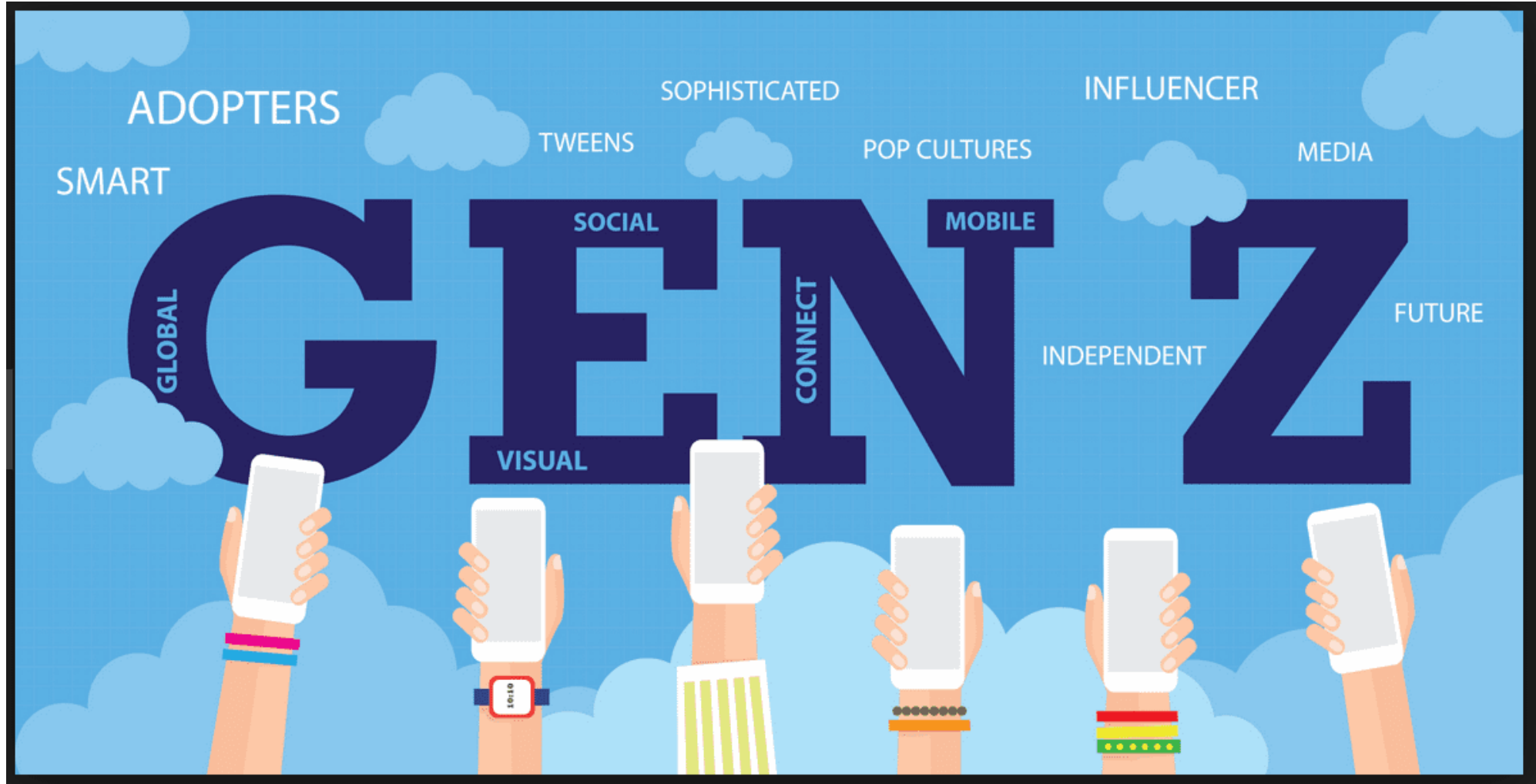
Your Relationship

A healthy student-parent relationship is associated with:

- Academic achievement
- Adjustment to college
- Psychological adjustment and well-being

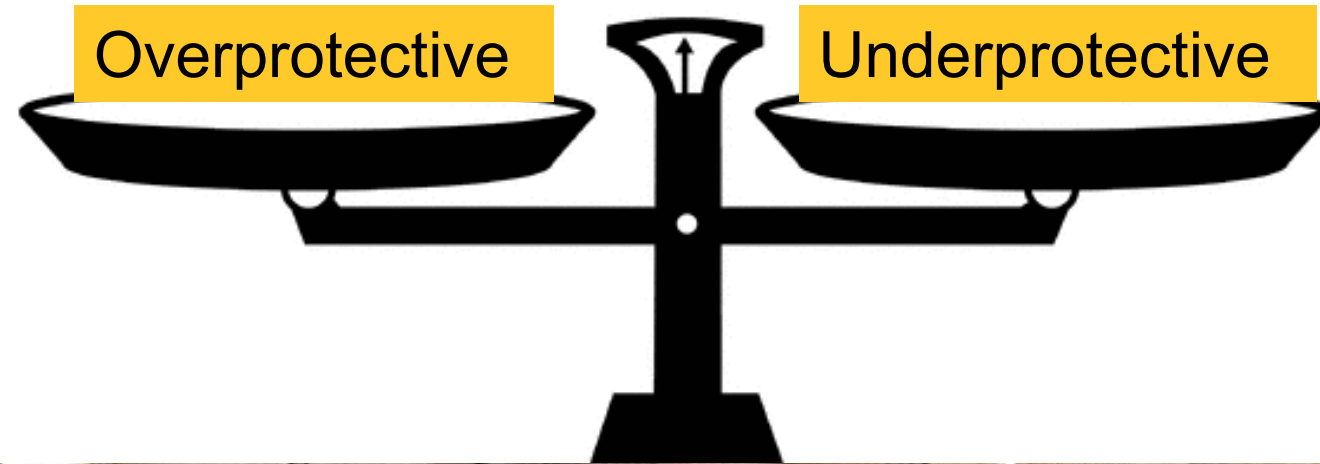


Today's College Students



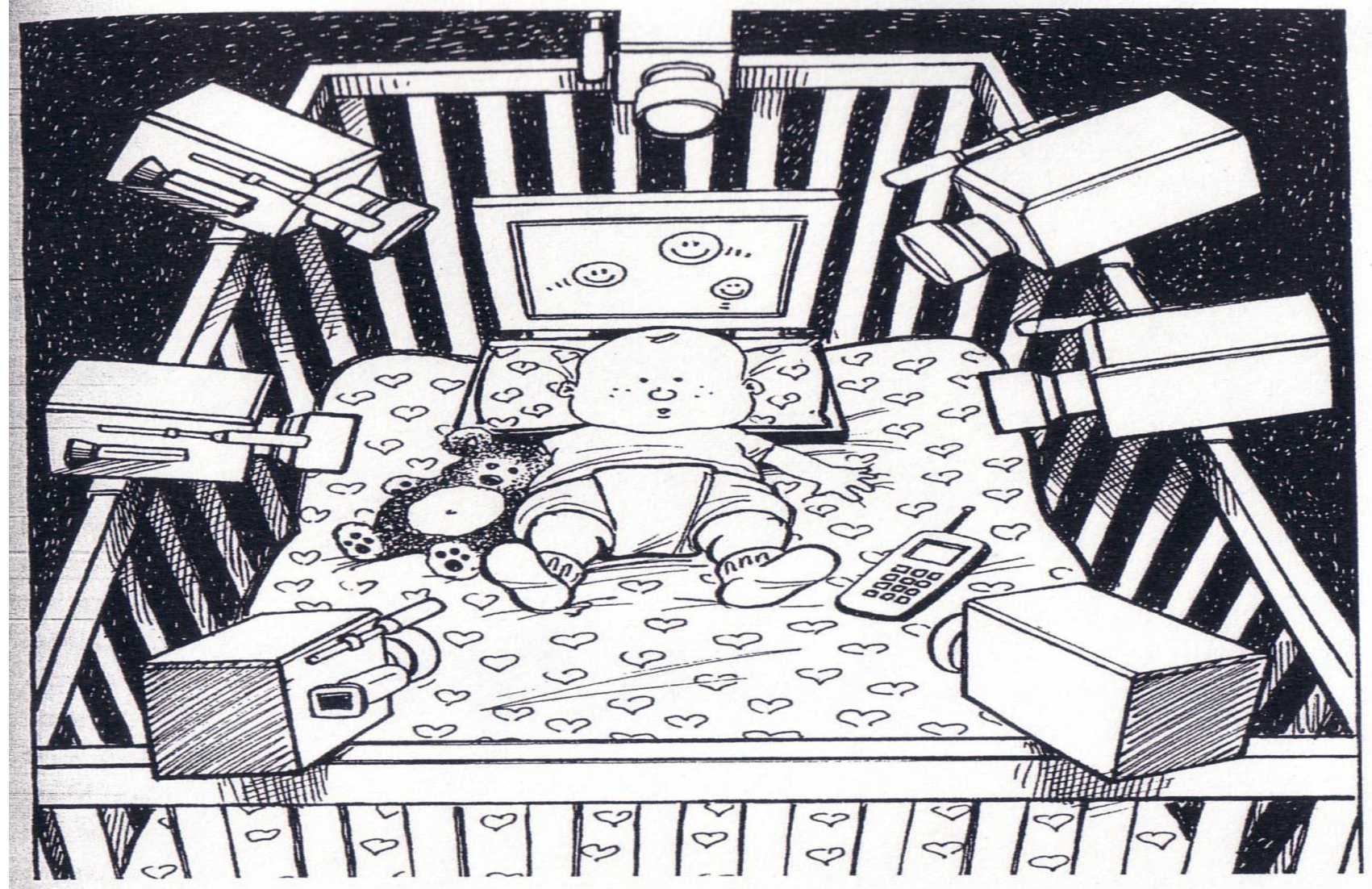
New Student and
Family Programs

Today's Parents of College Students



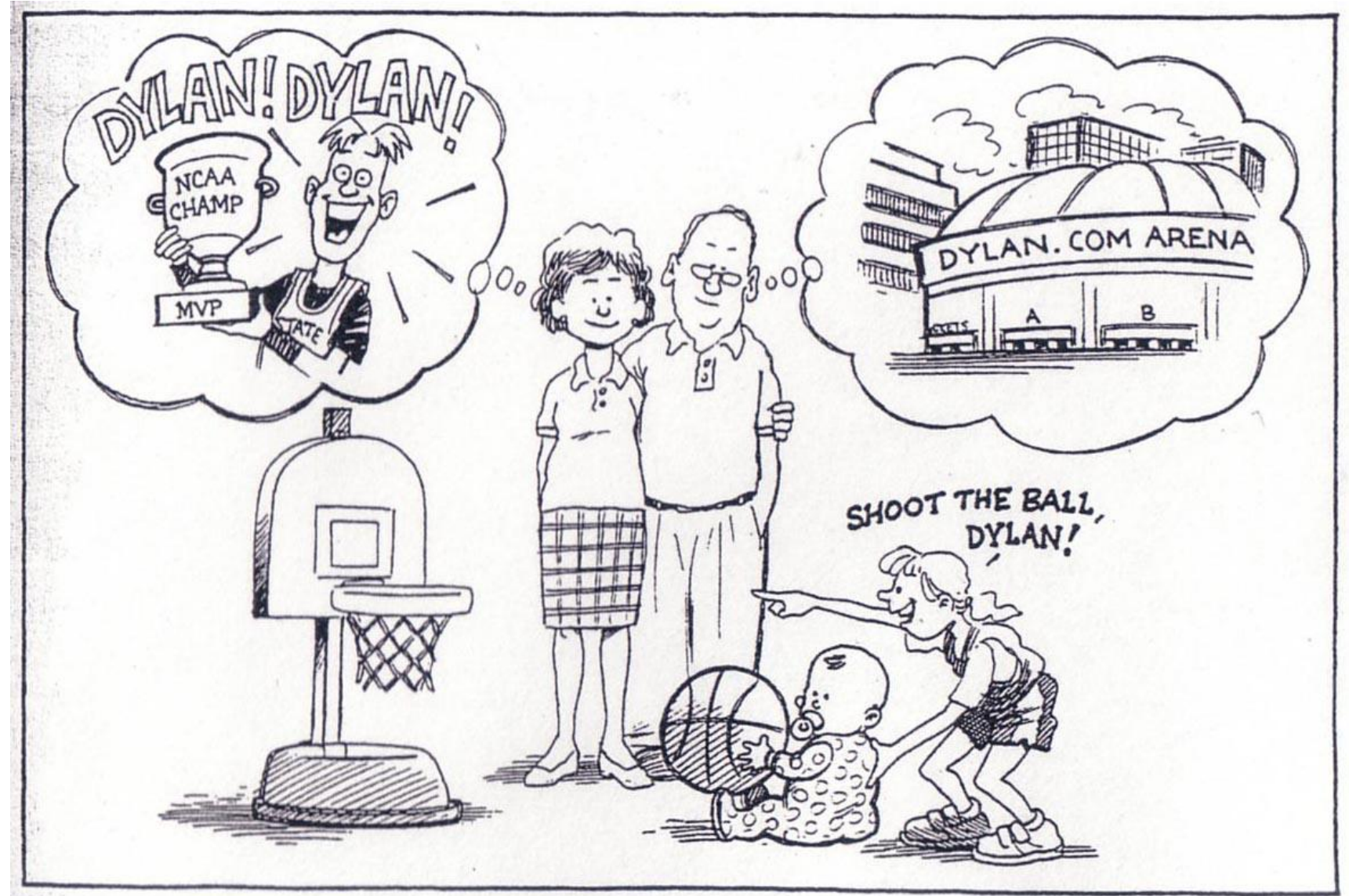
**New Student and
Family Programs**

Monitored and Protected

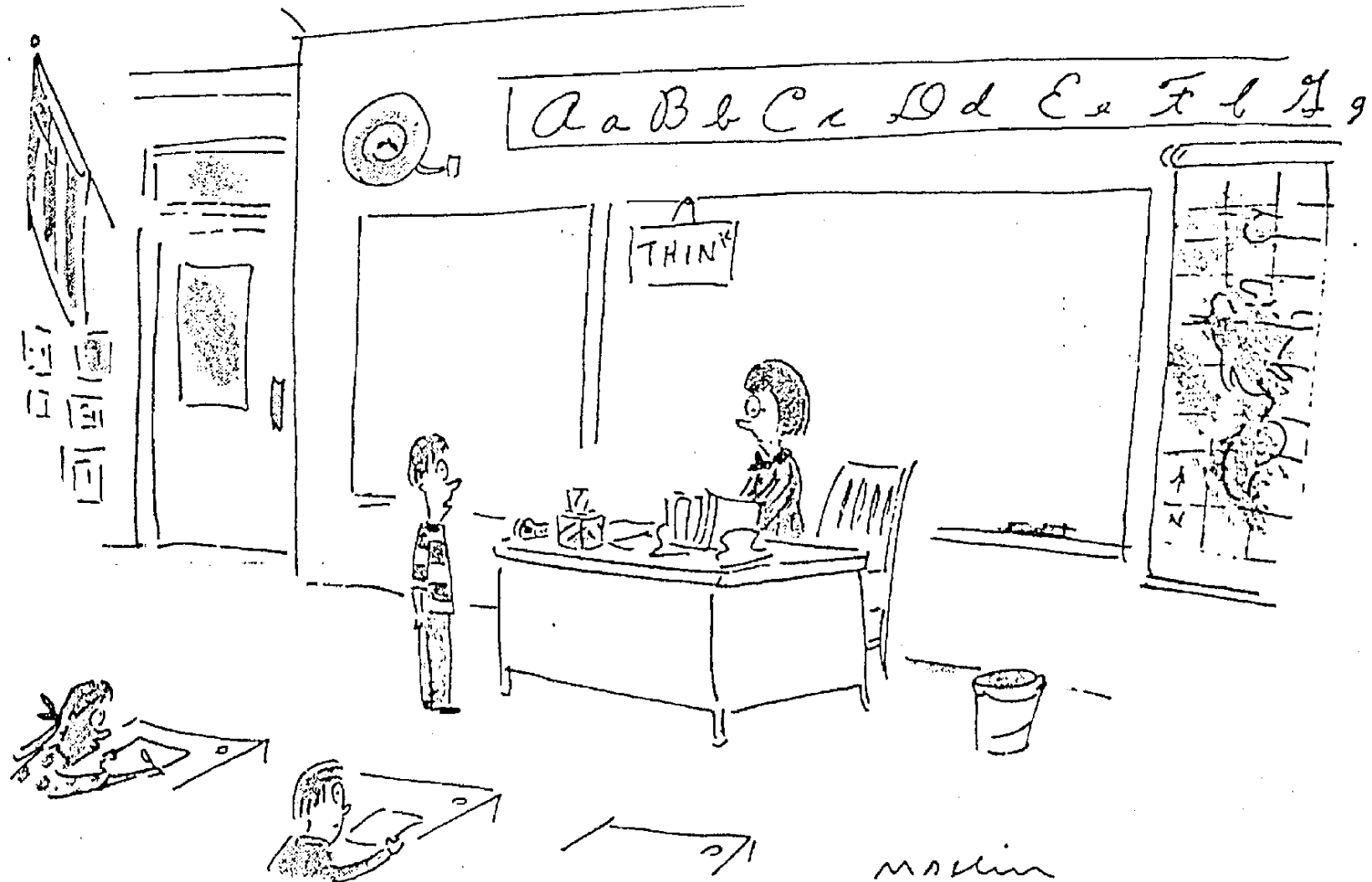


New Student and
Family Programs

High Expectations



Parent Involvement



New Student at
Family Program

"I don't have my homework, Miss Flynn—my parents forgot to do it."

Monitored and Protected



New Student and Family Programs

"Be afraid to try new things!"

Monitored and Protected

“Shelter your children when young, but if the sheltering goes on through the child’s teens and twenties, it may keep out wisdom and growth as well as pain.”

- Jonathan Haidt



New Student and
Family Programs

High School Parent

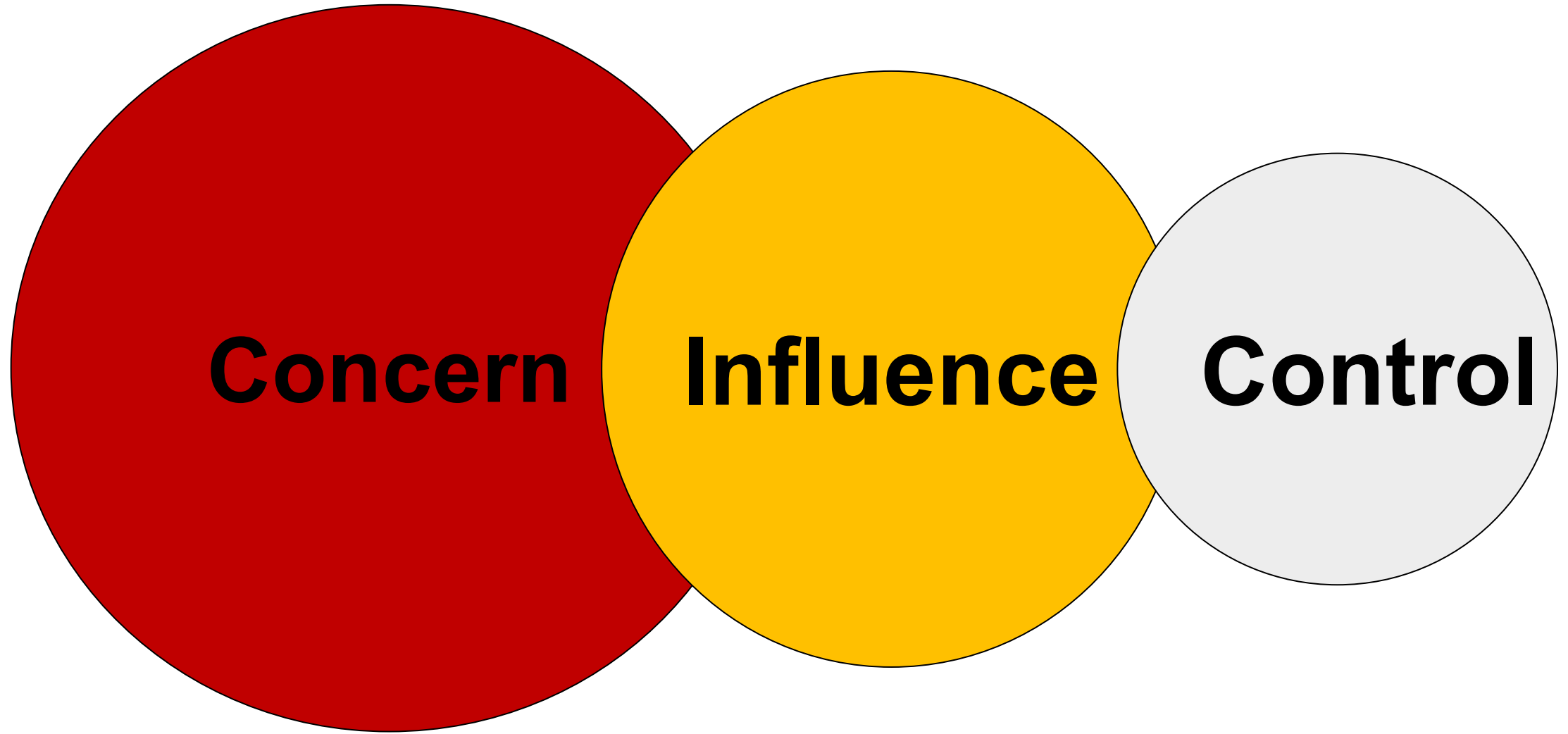
Concern

Influence

Control



College Parent



Post-Adolescent and Pre-Adult



*Caught in
the middle!*



New Student and
Family Programs

Evolving Relationship

Mom & Dad

College Student

Parent

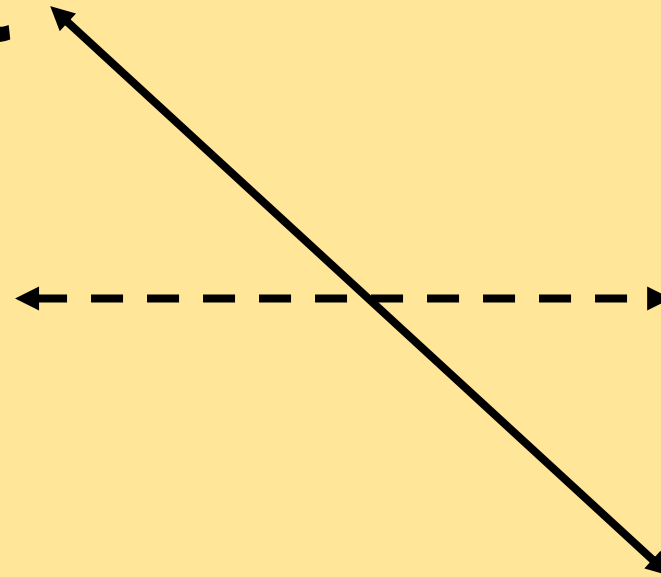
Parent

Adult

Adult

Child

Child



Evolving Relationship



“When I was a boy of 14, my father was so ignorant I could hardly stand to be around the man. But when I got to be 21, I was surprised at how much he had learned in 7 years.”

- Attributed to Mark Twain



New Student and
Family Programs

The Changing Focus of Parents

The Pre-College parent
tends toward....

Parental priorities →

Parental expectations →

Controlling →

Directing →

Telling →

Prescriptive →

Provider →

Manager →

The effective College
parent tends toward....

Student passions

Student interests

Facilitating

Advising

Listening

Developmental

Partner

Coach



The Changing Focus of Parents



Effective College Parents

1. Communicate openly and regularly.
2. Respect your student's new level of responsibility.
3. Shift how you help by being a consultant.
4. Understand and support the changes and transition issues that your student is facing.
5. Find support for yourself.
6. Encourage engagement.



Effective College Parents

Pegasus Parent & Family Program

nsfp.sswb.ucf.edu/parents

(407) 823-5105

Student Care Services

scs.sswb.ucf.edu

(407) 823-5607



New Student and
Family Programs

FROM
CARING
COMES
COURAGE



Letting Go and Staying Connected



UCF

New Student
Family Programs

Supporting Your New Knight



**Thank
you!**



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Family Programs**